

Michael M. Ferraro
CHIEF OPERATIONS OFFICER
mferraro@uticaschools.org www.uticaschools.org
P] (315) 792-2231 **C]** (315) 269-9146 **F]** (315) 792-2260
Buildings & Grounds / Food Service / Technology & Communications / Transportation



UTICA CITY SCHOOL DISTRICT / 320 ELIZABETH STREET / UTICA, NY 13501

National School Breakfast Program for the 2023-2024 School Year

Dear Parents & Guardians,

The Food Service Department at Utica City School District is looking forward to the 2023-2024 school year! Monthly menus are reviewed by multiple members of the Food Service team, including our Registered Dietitian to ensure that they are providing the proper nutrients, calories and a variety of fruits and vegetables.

All of the monthly menus and the featured items will continue to follow the USDA federal guidelines of the National School Breakfast Program. Under these regulations, our program provides the required components – grains, fruits, and milk each day. At breakfast, students must take three food items of the four offered, one of which being a fruit or vegetable to be considered a reimbursable meal. In addition to these offerings, all food items are whole grain and fiber rich, and lower in sodium and saturated fat content.

Additionally, all schools within the district are part of the Community Eligibility Provision, under which all students will continue to receive a reimbursable breakfast, lunch and after school snack free of charge.

The monthly breakfast and lunch menus are available on the district website. If you have any questions or concerns, please reach out to Hayley Mielnicki at hmielnicki@uticaschools.org or at 315-368-6858.

Sincerely,

Utica City School District Food Service Department

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All of the monthly menus and the featured items will continue to follow the USDA federal guidelines of the National School Lunch Program. Under these regulations, our program provides each of the five components – grains, meat/meat alternates, fruits, vegetables and milk each day. At lunch, students must take three or more components, one of which being a fruit or vegetable to be considered a reimbursable meal. In addition to these offerings, all food items are whole grain and fiber rich, and lower in sodium and saturated fat content.

Additionally, all schools within the district are part of the Community Eligibility Provision, under which all students will continue to receive a reimbursable breakfast, lunch and after school snack free of charge.

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